The NTG Curriculum is composed of a series of self-contained modules that identify and explore a series of salient issues and training areas related to adults with intellectual disability affected by dementia as well as their caregivers and the agencies that provide support to them. The Modules compose many aspects of the NTG’s education and training initiatives, including the one-day workshops on building capacity and the two-day workshops for staff/caregivers. The Modules are made up of a series of PowerPoints backed by detailed instructional matter and resource materials.

Detailed information on the content of the Modules is available from the NTG.

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<th>Module</th>
<th>Title</th>
<th>Learning objectives</th>
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| Module 1 | The National Alzheimer’s Planning Act, the National Task Group and the NTG’s Education and Training Curriculum | • Understand the intent of National Alzheimer’s Planning Act  
• Explain the function of the National Plan to Address Alzheimer’s Disease  
• Identify the activities of the National Task Group |
| Module 2 | Introduction to Aging and Intellectual Disability: Maintaining function and well-being in later years | • Identify the normal changes of the body related to aging.  
• Distinguish between normal aging and pathological aging.  
• Define “intellectual disability.”  
• Identify aging aspects particular to Down syndrome. |
| Module 3 | Introduction to Healthy Aging                                         | • Discuss the importance of a lifespan approach to healthy aging.  
• Define a few health issues that may affect healthy aging.  
• Apply this knowledge to aging in adults with intellectual disability.  
• Discuss some of the health challenges and disparities for adults with intellectual disability over the lifespan. |
| Module 4 | Introduction to Intellectual Disability and Dementia                 | • Recognize the symptoms of various dementias.  
• Identify how dementia may appear different in adults with intellectual disability.  
• Describe the different stages of Alzheimer’s dementia. |
| Module 5 | Dementia Characteristics and Types                                    | • Describe different dementias  
• Describe how dementia presents in adults with intellectual disability  
• Describe the benefits of knowing the types of dementia  
• Apply information to better providing supports to adults with intellectual disability affected by dementia |
| Module 6 | Screening, Early Detection, and Diagnosis                             | • Understand the need for an early detection tool for signs and symptoms associated with dementia and how the information from a screening will help with diagnosis.  
• Be introduced to the NTG-Early Detection Screen for Dementia (NTG-EDSD) and be familiar with how to use it and report its findings.  
• Understand what information may eventually lead to a... |
| Module 7 | Health Care Advocacy | List steps of health care advocacy.  
Discuss the process of conducting observations for health care advocacy.  
Be able to apply this information to situation at their work and make appropriate recommendations for advocacy and follow-up.  
Understand that while caregivers are not responsible for assessment and diagnosis, their input is essential for an accurate and helpful diagnosis/intervention.  
Define reportable health information (HIPPA and state regulations). |
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<td>Module 8</td>
<td>Case Discussion</td>
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| Module 9 | Caregiving and Dementia | Describe how to support someone with dementia or a related dementia.  
Describe the stages of dementia and how caregiving support should change as individuals progress into the disease.  
Distinguish the common differences between beginning, middle, and end-stage of dementia. |
| Module 10 | Communication Strategies | Discuss how communication is affected by dementia.  
List communication tips for maintaining communication with the individual with dementia.  
Apply communication tips to the caregiving of adults with intellectual disability and dementia.  
Explain the process for figuring out what is triggering a behavior.  
List ways to maintain a consistent calm and structured environment. |
| Module 11 | Community Supports | Relate basic planning strategies for assessing need for dementia capable support residences.  
Be able to identify the key factors necessary for a dementia capable residence.  
Describe when specialty residences might be appropriate. |
| Module 12 | Adapting and Modifying Environments | Briefly discuss the seven senses.  
List specific environmental challenges for adults with intellectual disability and dementia.  
Discuss at least three ways to modify the environment to support adults with intellectual disability & dementia as well as their caregivers. |
| Module 13 | Nutrition and Eating Issues | Identify key nutritional issues in older people.  
Identify signs and symptoms of nutritional deficiencies.  
Identify eating disorder and means of dealing with them. |
| Module 14a | Stage-Based Strategies – Early Stage | List early-stage disease features and presentation.  
Describe caregiving support needs in early-stage of the disease.  
List at least three strategies or interventions for caregiving support for adults with intellectual disability in early stage of dementia. |
| Module 14b | Stage-Based Strategies – Mid-Stage | List mid-stage dementia features and presentation.  
Describe caregiving support needs in mid-stage dementia.  
List at least three strategies or interventions for caregiving support for adults with intellectual disability in mid-stage dementia. |
| Module 14c | Stage-Based Strategies – Advanced Stage | List late stage (advanced) dementia features and presentation. |
| Module 15 | Supporting Families | • Describe caregiving support needs in late stage dementia.  
• List at least three strategies or interventions for caregiving support for adults with intellectual disability in late stage dementia. |
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| Module 16 | Abuse and Safety | • Discuss the impact of various belief systems, traditions, and family dynamics on caregiving and health care  
• Recognize challenges that may be faced when providing supports to families and adults with varying backgrounds.  
• Identify challenges and strengths among caregivers providing 24/7 care and supports  
• Identify community resources available to help in-home caregivers |
| Module 17 | Medications | • Identify various types of abuse and neglect  
• Know in-state and agency procedures for reporting abuse or neglect  
• Know how to safe-proof a home  
• Identify procedures for responding to a person who has wandered off |
| Module 18 | Bridging Services | • Define the core structure of the developmental disabilities system and the aging network  
• Recognize key program options in each network  
• Express how services in each could be accessed |