Persons with Intellectual Disabilities can have various neurological conditions. This leads to complexity and challenges for families, developmental services agencies, Primary Care Physicians and Specialists.

This one-day training program is designed for direct support professionals (front line staff) from both Developmental Services and Health Care Sectors who support individuals with IDD. Cross sector collaboration is vital to help meet the complex needs for this population.

The training includes the following areas:
- Supporting individuals during Medical Appointments
- Grief & Bereavement
- Special Video Presentation: Complexity is Beautiful
- Nuts & Bolts Sessions

Program

7:30 AM – 8:45 AM
Registration and Breakfast

8:45 AM – 9:00 AM
Welcome Remarks

9:00 AM – 10:30 AM
KEYOTE: Mentoring the Lynchpins: The Role of DSP as a Medical Escort
The Direct Support Professional (DSP) is often the difference between a productive, proactive and meaningful medical appointment and one of negativity, anxiety and confusion. How can we educate, support and fortify the DSP with the skills to properly communicate medical concerns, medical histories, past experiences, intuition and non-vocalic expressions of pain or discomfort at a medical encounter? Knowledge and experience about the patient from the perspective of the DSP is among the most valuable assets for a medical consultation. Being a health advocate for the patient is perhaps the most important role of the DSP; but “advocates” are made, not born. How can we overcome the authority gradient and provide the DSP with the confidence, self-esteem and interaction to ensure the patient with an intellectual and developmental disability has the greatest opportunity to reap the benefits of a productive medical appointment?
Speakers: Dr. Rick Rader & Dr. Shirley McMillan

10:30 AM – 10:45 AM
Morning Break

10:45 AM – 12:15 PM
KEYOTE: Grief on the Front Lines: Anticipation, Expectation and Resolution
It is perhaps unrealistic to encourage and expect Direct Support Professionals to enter and become part of the lives of the individuals they support without recognizing their vulnerability when they experience a loss. The presentation examines the nature of grief, how it is expressed, and how it can fortify or demoralize our front-line staff.
Speaker: Dr. Rick Rader

12:15 PM – 1:30 PM
Lunch

1:30 PM – 2:00 PM
SPECIAL PRESENTATION: The Beauty of our Shared Humanity
Through photography, film and narratives, Rick Guidotti passionately provides new opportunities to see individuals living with genetic, physical, behavioral and intellectual difference first and foremost as beautiful, valued and respected members of our society, rather than as specific diagnoses or disease entities. The presentation will challenge cultural perceptions of beauty, celebrating our shared humanity.
Speaker: Rick Guidotti

2:00 PM – 3:00 PM
PLENARY PANEL SESSION: The Nuts and Bolts of Health Care Part 1 – Why This Matters
What does the research tell us about health and health care received by people with developmental disabilities and what really matters when it comes to improving it. Together with a panel of self-advocates and family advocates, this team will discuss the “Nuts & Bolts of Health Care” for staff.
Facilitator: Dr. Yona Lunsky
Panelists: Azrieli Adult Neurodevelopmental Centre

3:00 PM – 3:15 PM
Afternoon Break

3:15 PM – 4:15 PM
PLENARY PANEL SESSION: The Nuts and Bolts of Health Care Part 2 – Practical Tips from Staff in the DS Sector
What do staff need who work in the community to facilitate their role as health care advocates? In this session, staff from Vita Community Living Services, a Toronto based agency, will discuss how they worked together with H-CARDD to identify the needs of staff in their agency around health care, and designed tools together to meet these needs. They will review the tools that they designed and talk about how these health care tools have improved the health of the people they support.
Facilitator: Dr. Yona Lunsky
Panelists: Chanelle Solonia, Heather Hermans and Pat Ejenavi, Vita Community Living Services

4:15 PM – 4:30 PM
Closing Remarks
Instructors:

Dr. Rick Rader
Medical Futurist and Director of Health Care, Orange Grove Center, Tennessee; Editor-in-Chief of Exceptional Parent Magazine

Dr. Shirley McMillan
Clinical Nurse Specialist in the Adult Program at Surrey Place Toronto

Dr. Yona Lunsky
Director, Azrieli Adult Neurodevelopmental Centre, Senior Scientist, Adult Neurodevelopment and Geriatric Psychiatry Division, and Director, Health Care Access Research and Developmental Disabilities, CMAH

Nuts & Bolts Panel 2:

Chanelle Salonia is the Associate Director of the Clinical and Educational department at Vita Community Living Services. She has worked with individuals with IDD, and complex mental illness for 15 years and is passionate about social inclusion and human dignity for people with disabilities.

Heather Hermans is a Behaviour Consultant for Vita Community Living Services. She has worked in the developmental disabilities field for over 25 years and was the internal facilitator for The Nuts and Bolts of Healthcare research project.

Pat Ejenavi is a Direct Support Professional for Vita Community Living Services. She has worked in the field, supporting people with disabilities for 12 years. Pat was a peer trainer for The Nuts and Bolts of Healthcare research project.

Questions?
Please direct any questions regarding registration for this workshop to: Cliff Walsh Reena Learning & Development Registrar, Email: cwalsh@reena.org | Phone: (905) 889-2690 x 2048

Special Photo Exhibit Installation...
...and meet the founder!

Rick Guidotti, an award winning photographer, worked in NYC, Milan, Paris and London for a variety of high profile clients including Yves St Laurent, Revlon and L’Oreal. His work has been published in newspapers, magazines and journals as diverse as GQ, People, the American Journal of Medical Genetics, The Lancet, Spirituality and Health, the Washington Post, Atlantic Monthly and LIFE Magazine. Rick founded POSITIVE EXPOSURE after a chance encounter in 1997 with a young lady living with albinism at a bus stop in New York City. As an artist, Rick was taken by her extraordinary beauty. In a quest for a better understanding of albinism, Rick sought out medical textbooks, where he was afronted by the dehumanizing images depicting disease, lacking all humanity. It was this experience which forced Rick to turn his lens from the more traditional ideas of beauty, to the beauty and richness of human diversity. Rick has since spent more than twenty years collaborating internationally with advocacy organizations/NGOs, medical schools, universities and other educational institutions to effect a sea-change in societal attitudes towards individuals living with genetic, physical, behavioral or intellectual difference.

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