NTG’s National Model Training Curriculum
Dementia Capable Care of Adults with ID and Dementia

♦ General Information ♦

**TWO AND THREE DAY WORKSHOPS**
Dementia Capable Care of Adults with ID & Dementia is offered as a two-day "Foundation" course or a three-day "Train-the-Trainer" course. It is based on the newly developed, evidence-informed NTG Education and Training Curriculum on Dementia and Intellectual & Developmental Disabilities.

**WHO SHOULD ATTEND?**
The workshop is appropriate for any staff with direct or ancillary care responsibilities of older adults with intellectual and developmental disabilities in both disability-related, health care, and aging-related agencies.

**OUTCOMES:**
1. Greater understanding of dementia and its effects on people with intellectual disabilities.
2. Greater capacity and confidence to provide dementia-capable direct services to adults with ID and dementia.
3. Knowledge of how to develop a dementia-capable environment and programming.

**WHAT IS THE TRAIN-THE-TRAINER OPTION?**
A Train-the-Trainer option is available as an additional third day for those wishing to become recognized as NTG Affiliated Regional Trainers. The NTG is developing a core group of Affiliated Regional Trainers nationally. Affiliated Regional Trainers are those individuals who have completed the two-day Dementia Capable Care of Adults with ID and Dementia training as well as the third day “Train-the-Trainer” day and successfully complete an online test of knowledge.

Regional trainers are authorized to use the copyrighted NTG Dementia Capable Care of Adults with ID and Dementia curriculum and related materials to conduct trainings for their organization or for outside agencies and organizations on a fee for service basis.

NTG Affiliated Regional Trainers receive NTG branded and copyrighted Power Point slides covering the topics included in the two-day training as well as 20 additional expanded topic modules for topics not covered in the two-day workshop, a Trainer Manual, class handouts and exercises, and extensive additional resources. In addition, Regional Trainers will be assigned an NTG Master Trainer who will mentor them in the use of the curriculum. Free quarterly webinars, a closed Facebook group, and a newsletter keep Regional Trainers up-to-date on advances in knowledge relating to ID and dementia, new resources, and as a means of sharing ideas and success stories.

*The NTG is an affiliate of the American Academy of Developmental Medicine and Dentistry.*
2 DAY WORKSHOP TOPICS

• Introduction to Aging and ID: Normal versus Pathological Aging
• Understanding Dementia in Adults with ID:
  o What is dementia?
  o How it presents in adults with ID
• Down syndrome and Alzheimer’s disease
• Early Detection and Screening for Dementia...Challenges & Resources
  o Using the NTG’s Early Detection & Screening for Dementia (EDSD) tool
• Differential Diagnosis of Dementia in Adults with ID
  o Diagnosis of exclusion
  o Challenges to diagnosis in adults with ID
• The Import Role of Staff in Health Care Advocacy for Adults with ID and Dementia
• Understanding Behavioral and Psychological Symptoms of Dementia (BPSD) in Adults with ID
  o Behavior is communication
  o Behavioral triggers
  o Antipsychotics – when are they appropriate?
• Non-pharmacologic Interventions for BPSD
• Communicating with the Cognitively Impaired Person
• Adapting the Physical Environment for Maximum Independence and Functioning
• How Philosophy of Care Changes With Dementia
• Care Strategies for Early, Middle, and Late Stage Dementia
• End of Life Considerations
  o Aging in place
  o Hospice
  o Feeding tubes
• Bridging the Aging and Intellectual Disability Networks

INTERESTED IN HOSTING A WORKSHOP?
The NTG holds workshops across the country on a regular basis. For more information on how to host a workshop please contact Kathleen Bishop, PhD via email at bisbur1@earthlink.net.

For a list of current workshops please visit our website: www.aadmd.org/NTG/schedule. Please note that workshops are added regularly so please be sure to check regularly for updates.

About the NTG

The ‘NTG’ is a coalition charged with ensuring that the interests of adults with intellectual and developmental disabilities who are affected by Alzheimer’s disease and related dementias – as well as their families and friends – are taken into account as part of the National Plan to Address Alzheimer’s Disease. We produce materials related to dementia, including practice guidelines, screening tools, education and training curricula and workshops, agency and family-based information, and other technical materials – as well provide technical assistance. The NTG is affiliated with the American Academy of Developmental Medicine and Dentistry and the Rehabilitation Research and Training Center on Developmental Disabilities and Health at the University of Illinois at Chicago and other Partners, such as the Center on Excellence in Aging at the University at Albany and the Gerontology Division of the AAIDD.

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